

Got Silver Fillings? Got Mercury. Get Tested.



Quick facts about amalgam fillings

- Amalgam (silver) fillings are **half (42-58%) mercury**.
- Mercury is constantly released from amalgams in the form of mercury vapor and increases with **chewing, brushing, and drinking of hot liquids**.
- 80% of inhaled mercury vapor is absorbed into the body, where it accumulates in the **brain and kidneys**.
- Mercury from amalgam fillings can pass from a **pregnant woman** to the **developing fetus** and to the **baby** through **breast milk**.
- The World Health Organization estimates that amalgam fillings are your **greatest source** of daily exposure to mercury, greater than all other sources combined (including fish).
- Mercury exposure from amalgam fillings has been associated with diseases like **Alzheimer's, Autism, and Multiple Sclerosis**.
- Dentistry is the **largest source** of mercury in wastewater.
- Mercury from amalgams is also released into the environment during **cremation and incineration or landfilling of sewage sludge**.

Free
Testing!



Did you know "silver" fillings are half mercury and can be your greatest source of exposure to this toxic metal?

What: Get your mercury vapor levels tested and have your questions answered by qualified dental and health professionals.

When: Friday, October 7, 10AM to 4PM.

Where: John Marshall Park is located at 4th St. and Pennsylvania Ave. NW, a block North of the National Mall and next to the Canadian Embassy.

Closest Metro: Judiciary Square and Archives-Navy Memorial.

CONSUMERS
CHOICE DENTAL

1725 K St. NW, Ste. 511, Washington, DC 20006
Phone: 202.822.6307, www.ToxicTeeth.org

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